



imagine

imagine a child's capacity



Imagine a Child's Capacity  
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IMAGINE A CHILD'S CAPACITY

## Come *IMAGINE* with us...

Every child is born with a unique and complex set of gifts, skills, and challenges.

When we look at your child, we see the magic that can be created when those involved in a child's life come together and build upon their strengths, nurture their development and find ways to effectively support what is challenging together.

We begin by building a relationship with you and your child. Then we learn how and what your child is feeling as they navigate the world. We help you-as a parent, caregiver, teacher-support that child in meeting goals and breaking through boundaries in learning, communication, and connecting.

We don't let a diagnosis or a label define your child or limit what we can do. We imagine what can be, and then take steps to put that imagining into action. It is through this process, through this partnership, whether it be in the clinic, in a home, in a school, or in the community, that we believe children can be supported to reach their fullest capacity.

Our services:

- School Consultation and Training
- Family and Individual Consultation
- Therapeutic Groups
- Creative Skill Builders
- Community Partnerships
- Birth to Three

For more information call: 608-204-6242 ex. 28

## Summer Groups

ICC offers a variety of therapeutic group programs designed to help your child learn new and exciting skills in the context of relationships with other children. Whether it be learning new ways to cope with anger, initiate interactions, or play, ICC's groups will provide your child with fun and meaningful experiences.

All groups start the week of June 22nd and run through the week of August 13th. Intakes will be held the first week of June.

### Making and Being a Friend

This group provides children the ability to practice social skills in both structured and natural play settings. Kids learn the "basics" of friendships, including how to initiate and maintain play with others. In addition to group activities, each week children will receive take home activity sheets. Children are encouraged to bring along a similar aged peer to facilitate peer modeling.

**When:** Mondays,  
3:30-4:20  
**Tuition:** \$320 per 8  
week session  
**Ages:** 5-8

### Making and Being a Friend-Fun with Feelings

This group helps children develop an increased awareness and understanding of emotions, both in themselves and others. Skills such as identifying emotions, determining causation, communicating when stressed, and perspective taking are learned in the context of fun and motivating activities.

**When:** Mondays,  
4:45-5:35  
**Tuition:** \$320 per 8  
week session  
**Ages:** 9-12

### Move and Relax-Yoga

This movement-based group uses gross motor movement activities, yoga, and relaxation training to support focus, concentration, balance, and relaxation. This group helps children develop coping skills and will support social interactions. Activities are presented in a fun and interactive format in order to foster creative expression and imagination.

**When:** Thursdays,  
3:30-4:20  
**Tuition:** \$320 per 8  
week session  
**Ages:** 8-12

### Move and Relax-Teen

This movement-based group uses gross motor movement activities, yoga, and relaxation training to support focus, concentration, balance, and relaxation. This group is tailored to the unique needs of teens and young adults and includes a focus on developing coping strategies and ways to manage stress.

**When:** Thursdays,  
4:45-5:35  
**Tuition:** \$320 per 8  
week session  
**Ages:** 13+

## Family and Individual Consultation

All families have challenges and struggles at home, but sometimes, a family needs extra support in order to help make the home environment as successful and nurturing as possible. If you or your child is struggling with an after-school routine, bed-time, communication, self-help, sibling relationship, or challenging behavior, we can help. ICC's team of experts can tailor an in-home consultation plan that will support your family's needs.

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